

SPORTSMANSWAREHOUSE
SPORT
STAR
OF THE YEAR



2009

***Sportsmans Warehouse
Sportstar of the Year Awards
Gala Dinner and Industry Celebration***

***23rd October 2009
The Ballroom
National Convention Centre Canberra***



2009 Sportsmans Warehouse Sportstar of the Year Awards Gala Dinner & Industry Celebration

ACTSPORT would like to welcome you to the 2009 Sportsmans Warehouse Sportstar of the Year Awards Gala Dinner and Industry celebrations. These awards provide an opportunity to showcase the excellence in sporting achievement from the ACT in areas of individual and team performance, coaching and sports administration.

This year has seen many high points in the sports industry, with the monthly winners coming from 32 different sports.

Special thanks must go to our Judging Panel who has dedicated themselves to the Sportsmans Warehouse Sportstar of the Year Program throughout the year. This has seen them donating their time for the often difficult task of selecting monthly winners and then the even more challenging task of selecting the overall winners from this impressive and extremely talented group.

We trust that you will enjoy the evening as we recognise the best that the ACT sporting community has to offer.



**2009 Sportsmans Warehouse
Sportstar of the Year Awards**

ACTSPORT would like to extend a special thankyou
to the following people whose contributions have helped make
this year's Sportstar Awards a success

Sportsmans Warehouse	David Hohnke
Schweppes	Lucille Bailie
Chamberlains Law Firm	Phil Lynch
FM 104.7	Ron Burns
Konica Minolta	Phil Small
Southern Cross Ten	Jeremy Flynn
Walker Media Group	Nick Hunter
National Convention Centre	Wayne Lacey
Nova Multimedia	Lachlan Kennedy
Jim Murphy Cellars	Merryn Sherwood
George Chrysostomou	David Jeans
Craig Noble	Diann Castrissios
Stefan Wronski	Bronwyn Fagan



Order of Proceedings

- ★ Pre-Dinner Drinks
- ★ Opening Entertainment – The ANU School of Music Sambanistas
Directed by Gary France
- ★ Welcome by David Hohnke & Lucille Bailie
 - Presentation of Sportsmans Warehouse Volunteer of the Year
 - Presentation of Sportsmans Warehouse Official of the Year
- ★ Entree
- ★ Lord Taverners Presentation of Scholarships
 - Presentation of Southern Cross Ten Community Award
 - Chamberlains Law Firm Master Sportstar of the Year
 - ACTSport AIS Sportstar of the Year
 - 104.7FM Coach Sportstar of the Year
- ★ Main Course
 - Konica Minolta Team Sportstar of the Year
 - Sportsmans Warehouse Junior Sportstar of the Year
 - Walker Media Group Male Sportstar of the Year
 - Schweppes Female Sportstar of the Year
- ★ Dessert
- ★ Sportsmans Warehouse Sportstar of the Year Award Winner
- ★ Closing of the evening by David Hohnke & Lucille Bailieu



Entree

Mediterranean vegetable compote with herb rolled slow beef fillet and tomato chutney.

OR served alternately

Chicken and prawn tower with tomato and avocado salsa and mixed herb salad.

Main

Corn fed chicken breast rubbed with smoke paprika potato roesti, romesco sauce and asparagus.

OR served alternately

Grilled veal cutlet, roast sweet potato tear drops, braised cabbage and port jus

To Finish

Australian gourmet cheese plate, dried fruit and crackers
&
Freshly brewed tea and coffee

Wine Selection

Pathway Sauvignon Blanc Chardonnay

Pathway Cabernet Sauvignon

Beer Selection

Carlton Draught

Hahn Light

All beers on tap

Soft Drink Selection supplied by Schweppes

Mineral Water, Orange & Mango Mineral Water,
Pepsi Max and Lemonade



2009 Sportsmans Warehouse ACT Volunteer of the Year Nominees

Presented by Vena Murray - President ACTSport

Helen Southwell, Squash

Helen organises all the ACT Junior Squash Autumn Junior Pennant for approximately 80 Players, Woden Junior club practices and state training squads. She has organised two junior one day tournaments at Woden, ran junior fundraising canteens at the ACT senior and junior open and the ACT Masters Tournaments. She is also team captain for her senior pennant teams, organised the 2009 spring junior pennant and organised the junior representative team to attend the Australian Junior championships in September 2009. Helen chairs the ACT Junior committee and sits on the board of squash ACT, and is the ACT Junior Representative Team Manager for the National Junior Series in Rockhampton in April.

Gary Hampson- Squash

Gary is the president of the Squash ACT Board, attending 12 meetings per year. He single handedly prepared the application for Canberra to host the Australian Squash open for 2010-2013, and has played an instrumental part in securing squash facilities for years to come in the ACT.

Alan Hinde - Football

Mr Hinde was the driving force behind the development of a club house for one of Australia's biggest football clubs - Woden Valley Soccer and Football clubs. Mr Hinde demonstrated excellence by his commitment and dedication over the many years of planning and fundraising for the project which was opened in 2008.

Witold Rejlich - Wrestling

Witold Rejlich has dedicated a big part of his time and energy to development and growth of the Sport of Wrestling in Canberra. Over the past 15 years, Witold has been the backbone of amateur wrestling in the ACT producing dozens of National Champions (School age, juniors and seniors) and one dual Olympian who competed at the Atlanta and Sydney Olympics. Witold volunteered at the Sydney 2000 Olympic Games. He has refereed and coached athletes at State, National and International competitions. He took the Australian team to the Commonwealth Games and produced 2 silver and bronze medallists which equalled the best medal tally for Australia. Witold has consistently run training sessions for children and separate training for older and more advanced wrestlers five days a week of the last decade. Witold is a great role model and ambassador for wrestling who trains as hard as or harder than his athletes on the mat and in the gym which has earned him the nickname "The Machine". Witold had always acted in the interest of his athletes and the sport by showing great leadership, professionalism, sportsmanship, discipline, and fairness.



2009 Sportsmans Warehouse ACT Volunteer of the Year Nominees

Lyn Lalas - Softball

Lyn has been a senior player for club and ACT softball, and a club official for Boomerangs Softball Club for over 10 years. In the last 18 months Lyn expressed an interest in scoring for games at state and national level championships. In that time since she has achieved a Level three scoring standard covering both the manual game of scoring and a new electronic version of scoring.

Lyn, as part of her initial mentoring traveled to national tournaments in Sydney as well as being a senior scorer at the three national tournaments hosted by Softball ACT. Lyn has assisted in mentoring other scorers and junior scorers over the past twelve months. She was recently appointed Chief Statistician for Softball ACT.

This role means she will be co-ordinating the scorers (both manual and electronic for two major national tournaments in the 2009 - 2010 season (The Men's International Skin's tournament in December and the combined Open Men and Women's National Championships in February 2010. Lyn has already set in place scoring programs and courses for the local softball community participation.

Owen Heness - ACT Olympic Council

Owen has for the past three years administered for the ACT Olympic Council the very popular and successful Pierre de Coubertin Awards, named after the founder of the Modern Olympic Games. The awards, entered annually by secondary school students throughout the ACT, recognise participation in and completion of both sporting and cultural pursuits by students. Nominations are made, and awards presented, based on the students' active participation in school physical education programs and the preparation of a piece of work, literary or artistic, depicting an appreciation of the Olympic Games. Nominations are open to all secondary schools in the ACT, with each asked to nominate one student from years 10, 11 or 12. The scheme, which is part of the Australian Olympic Committee's Olympic Education Program, stimulates an interest in the Olympic Movement, and students who participate provide role models for the school community. The ACT Olympic Council is assisted in the promotion of the awards by the ACT Department of Education and Sport and Recreation ACT.

Owen's challenging and comprehensive role involves alerting schools, coordinating entries, arranging the design of presentation certificates, establishing the venue for the presentation ceremony, distributing invitations to students, teachers and parents and, with the help of his wife, Diane, arranging refreshments for the function. The 2009 Pierre de Coubertin Awards, for which Owen this year prepared a very successful commemorative booklet, were regarded as the best ever. Held at Stirling College and attended by a large number of the ACT's Olympians, the event was further enhanced by Powerpoint overheads and video clips and attracted significant media coverage.

In addition to his awards role Owen is Assistant Secretary of the Council and prior to the 2008 Beijing Olympics played a significant role in raising funds for ACT Olympians selected for the Games.



2009 Sportsmans Warehouse ACT Official of the Year Nominees

Presented by – Vena Murray President ACTSPORT

Tim Ward - Cycling

Tim has been a very active official in the sport of cycling for almost 25 years at all levels, from club, ACT, national and through to international level. In addition he has been an active member and office holder on the ACT Olympic Council for over 10 years.

As one of Australia's few International Commissaries (referee) Tim is frequently called on to officiate at international events. This year Tim was Chief Commissaire at the mountain bike stage race in South Africa that is equivalent to one of the world's major road races and has been selected to officiate at the 2010 Commonwealth Games in New Delhi.

He also freely gives his time to run training courses for Commissaries to ensure that Canberra and the local region has a ready supply of officials to officiate at the events.

Tim is a very experienced official and his continued involvement with cycling in the ACT is of great benefit to the sport. He has been a consistent contributor over a long period of time and as one of Australia's senior cycling officials he sets a wonderful example for people wishing to contribute to the sport in an official capacity.

Jenny Bourke, Athletics

Jenny has been an accredited and highly respected Throws Official for 17 and a half years and has officiated at a huge array of athletics carnivals and competitions including the Athletics Australia Grand Prix events, Veterans/Masters World Games, Pacific School Games, Primary and Secondary School Carnivals, Saturday afternoon Athletics ACT meets, and Thursday evenings for the ACT Veterans Athletics Club. Jenny has also been a qualified Throws coach for about 11 years where she has assisted a number of girls and boys reach national level. She says that one of the main reasons for her participation is seeing the delight on the faces of the Athletes with a Disability (AWD) as they compete in their running, jumping and throwing events.

Phong Toan Nguyen - Volleyball

Phong has been officiating for Volleyball ACT for the past ten years. Phong is highly respected as an International Referee by the FIVB and regularly officiates matches between top international teams including finals matches. He also officiates at this highest level of international competition in both indoor and where possible beach volleyball.

Southern Cross Ten ACT Community Award
Presented by Rondelle Seden of Southern Cross Ten

September 2008 - University of Canberra Women's Hockey Team, Hockey

Five goals from different scorers secured the University of Canberra Devil's second consecutive Women's Premiership against ANU at Lyneham. UC's first goal came just eight minutes into the match when Edwina Bone took advantage of an ANU error. UC was up by 2 when Kathryn Farry scored. Goals from Sally Vaughan and Sara Cornish set up a four goal lead at half time. Peta Gallagher secured the victory with a goal late in the second half. ANU's Tonina Staunton scored the team's only goal 2 minutes before full time. The full time score was 5-1.

October 2008 - Matthew Owen & Andrew Reed, Yachting

Canberra sailors Matthew Owen and Andrew Reed claimed their first Flying Fifteens Championship in October when they finished third in the fourth and final race of 2008 ACT Flying Fifteens titles on Lake Burley Griffin. Two races were to be held but the first race was delayed due to becalmed waters. As such only one race was held and Owen and Reed simply had to finish to wrap up the championship. Owen and Reed on 'Walter Turnbull' won from Victorian brother Craig and Ian Rainey on 'Where the bloody hell are you'.

November 2008 - Melissa Breen, Athletics

At the Inter-Club athletics meet held in Canberra Melissa slashed 0.13 seconds off her personal best in her 11.33 second run in the 100m sprint which rates only behind Olympic Champion Raelene Boyle. Melissa was also an open and under 20 ACT residents record and dismantled Olympic silver medallist Sally McLellan (11.41 in January) for top honours on the yearly Australian list.

February / March 2009 - Weston Creek Cricket Team, Cricket

The Weston Creek Cricket Team won the 1 Day Konica Cup final. A brilliant all-round performance by ACT Comets star Ashton May guided Weston Creek to an 18 run win over ANU in the Konica Cup final held at Manuka Oval. May blastered a polished unbeaten century to help his team reach 275 from its 50 overs, before taking 4-33 from 10 overs and grabbing three catches as Weston Creek bowled ANU out for 258 in the 50th over. ANU raced to 0-151 and looked to be in control before May caught captain Randall Starr off the bowling of leg-spinner Matt Nason for 95. May struck 25 runs later, bowling Starr's opening partner Aaron Ayre for 60. From there, Weston Creek took control for the contest as ANU wickets fell at regular intervals for the rest of the innings. Weston Creek has now won five one-day and four two-day premierships since 1989.

In March Weston Creek won its sixth First Grade two day Premiership in 10 years after a convincing win against Wests at Manuka Oval. Led by captian Cade Brown who won the Greg Irvine medal for man of the match. After scoring 469, Weston Creek bowled Wests out for 341, just before tea on the second day to take the win. Weston Creek were made to work hard on the last day thanks largely to a 99run partnership between Wests Adam Hewitt (64) and Ben Oakley (56).



Southern Cross Ten ACT Community Award

March 2009 - Weston Creek Cricket Team, Eastlake Women's Cricket Team & Bandits Baseball

Eastlake Women's Cricket Team - Cricket

Eastlake ended Tuggeranong's dominance of the women's Lynne O'meara Premiership Cup defeating its rival by 33 runs in the decider held at Manuka Oval during March 2009. Eastlake made the most of the good batting conditions to reach 4-199 off 40 overs. Captain Amy Jason-Jones top scored with 63 while Kirsty Williams finished the innings off well with an unbeaten 49. Tuggeranong struggled in reply to be all out for 166 in the 39th over, Eastlakes Jane Livesey was the pick of the bowlers collecting 2-14 off eight overs. The win ends Tuggeranong's two year domination of the Lynne O'Meara Cup and means the two teams have won the past seven women's premierships.

Bandits Baseball Team - Baseball

A remarkable pitching display by Bandits star Joe Anson steered his side to victory against the Bears in the Baseball ACT Grand Final series. The Bandits got off to a brilliant start on the first game of the best of three championship with a 7-4 win over the Bears. In the second game the Bears had an impressive 19-9 win over the Bandits. In the third and final game the Bandits came out and defeated the Bears 7-0. This gave the Bandits back to back grand final wins.

April 2009 - Tuggeranong Vikings Lawn Bowls Club, Lawn Bowls

Tuggeranong Vikings made it two in a row for the Bowls ACT No.1 Pennant title after defeating Weston Creek Wildcats in early April. Tuggeranong Vikings playing on their home green took an early lead which they never relinquished, despite a valiant fight back from Weston Creek. Tuggeranong won 66 shots to 47 and will go on to play in the 2009 Australian Premier League Final later this year. Tuggeranong Valley Lawn bowls Club first season was in 1995. The Club has fought it way through promotion and relegation and finally made it into the top grade in 2002. Since then have won the Number One Pennant on four occasions. In the last 3 years since the inception of Grand Final series Tuggeranong have had 10 grades reach the Grand Final with five of them coming away with the title. 1st Grade grade winning back to back titles over the last two years. Grades 3,4,5 & 7 have also been successful during this period.



Southern Cross Ten ACT Community Award

June Woden Valley Gymnastics Club

Woden Valley Gymnastics Club claimed four of five men's divisions at the Gymnastics ACT artistic championships held at the AIS. Almost 100 boys and girls aged 9-18 from the three major ACT gymnastic clubs competed, with Woden Valley athletes claiming five of the 11 divisions.

July 2009 - Mark Armstrong, AFL

There is no disputing Mark Armstrong's status as a legend of the AFL Canberra competition. In his 17th season, the 34-year-old played his 300th senior game for Queanbeyan. The tigers did not let him down, upsetting Eastlake by 28-points, ensuring a memorable day for Mark.

No Nominations December/ January/ May & August

Sportsmans Warehouse Special Achievements Awards for 2008/2009

★ September 08	Erika Vredembregt -	Athletics
★ October 08	Lauren Jansen	Basketball
★ November 08	Thomas Crimmons	Cycling
★ December 08	Melissa Breen	Athletics
★ January 09	Evan Thomas	BMX
★ February 09	Michael Phelan	Cycling
★ March 09	Chris McPhail	Ice Hockey
★ April 09	Bianca Mulach	Water Skiing
★ May 09	Alexandra Cole	Cycling
★ June 09	Emily Brichacek	Athletics
★ July 09	Taylor Lovelock-Wiggin	Horse Racing
★ August 09	Alison Rice	Cycling



Chamberlains Law Firm Master Sportstar of the Year

Presented by –Senior Associate and Sports Lawyer, Chamberlains Law Firm

October 2008 – Michael Aisbitt – Cycling

Michael competed at the World Masters Championships in October 2008 and retained his World Championship Title in the World Masters Sprint 40-44 age category. He also took Gold in the 750M time trial. In qualifying for the sprint he posted a world record time for his age category in the 200M. At the UCI Track Cycling Masters World Championships Michael convincingly won the 1 Kilometre Time Trials and then in qualifying for the Individual Sprint he set an age standard world record time of 10.930 seconds for the flying 200 meters.

November 2008 – Garry Lawless – Touch Football

Garry won 3 Gold medals at the Pan Pacific Masters Games in the Men's O/40 and O/45, as well as the senior mixed divisions. Garry played a total of 22 games during the competition for a total of 22 wins. He also captained the winning National Touch League team in the men's O/45's division and was named "player of the final" in March this year. From there he gained selection into the NSW State of Origin Team (men's O/45s) who won the series 3-0 in July 2008 and Garry was named player of the series - the first ACT based player to ever receive this award.

January 2009 - Heather McKay - Tennis

Heather McKay played in the Tennis Seniors Australian Championships in January, 2009 held in Adelaide. She won the Women's 65 singles against Margaret Wayte 6/4, 7/6. She was also a winner in the Women's 65 doubles with partner Jill Taylor winning 6/3, 7/6. Heather has been chosen to represent Australia in the Kitty Godfrey Cup (Womens' 65 team event), to be played in Perth.

March 2009 – Don Fraser – Athletics

Don Fraser has been a champion Masters athlete since 1984. At the ACT Masters Athletics Championships held in February, Don set an amazing six new M70 ACT records - in the 80m hurdles, 300m hurdles, long jump, triple jump, pole vault and javelin. At the Australian Masters decathlon Championships in Brisbane, Don set a new Australian record for this gruelling event with 6762 points.



Chamberlains Law Firm Master Sportstar of the Year

April 2009 - Val Chesterson - Athletics

The Annual Coburg 24 Hour Walk & 100 Kilometre Race walking Australia Championship was held in April. In an international field Val, at 68 years of age, established a W65 record for 50 miles, 100 Kilometres & 24 hours. She walked 115.578 Kilometres in the 24 hours and was the 3rd woman overall. Val also finished 3rd in the 100 Kilometres Championship.

May 2009 - Terry Moore - Cycling

At the NSW Masters Road Championships Terry Moore convincingly won the women's Masters 45 plus road race and the criterium. In both races she calmly watched the races unfold and won both in a sprint finish. Terry's performance assisted the Vikings club to win the club championship at the NSW road championships.

May 2009 - Neil Skipper - Cycling

At the NSW Masters Road Championships Neil Skipper totally dominated both the road race and the criterium winning both convincingly. In the road race Neil broke away from the rest of the riders and rode solo to a convincing victory. This follows on from his excellent form during the summer months when he also won NSW and Australian medals on the velodrome. Neil's performance assisted the Vikings club to win the club championship at the NSW road championships.

July 2009 - Craig Fisher - BMX

Craig Fisher became the 40-44 Men's Cruiser World Champion at the 2009 World BMX Championships held in Adelaide. Craig was pitted in the final against an international field of the world's best 40-44 year olds in his class to decide the World Champion. Craig had an exceptional start and was close to the head of riders into the first corner and came out in front with a Columbian and a USA rider close to his back wheel. Craig pushed himself in the final three straights and rode a near perfect race to finish 1st.

August 2009 - Margaret Taylor - Athletics

Margaret has been a champion master's athlete for more than 25 years. She won 2 Gold medals for the W60 High Jump (1.30m equalling her own Australian Record) and Triple Jump (9.03m) and a Silver medal in W60 Long Jump (4.15m) at the recent World Masters Athletics Championships held in Finland.



ACTSPORT AIS Sportstar of the Year

Presented by – Professor Peter Fricker Director Australian Sports Commission

September 2008 - Heath Francis - AWD Athletics

AIS AWD athlete Heath Francis claimed three gold medals in the 100m, 200m and 400m events (men's' amputee T46 class) and set 2 world records at the 2008 Beijing Paralympic Games. In the 400m he recorded a world record time of 47.69 seconds. In the 200m Francis streaked to victory in a world record time of 21.74 - Francis ran the perfect race on a dangerously slippery track. Francis claimed his third gold in the 100m to win in a personal best time of 11.05 seconds. Francis also won a bronze as a member of the 4 x 100m relay team.

October 2008 - AIS Archery Team - Taylor Worth, Ryan Tyack & Ricci Cheah - Archery

At the World Youth Archery championships in Antalya, Turkey, the Australian Junior Men's team of Ryan Tyack, Ricci Cheah and Taylor Worth (all current AIS Scholarship holders) defeated the Ukraine 210-207 in the final of the junior men's recurve teams' event to win the gold medal. This is Ryan's second win having previously been the Cadet Boys World Champion in Mexico (2006).

November 2008 - Daniel Ellis - Cycling

Daniel Ellis won the Gold medal in the sprint at the Oceania Track Cycling Championships held in Adelaide. Later that month he competed at the UCI Track World Cup Classics in Melbourne where he led his team to the Gold medal.

December 2008 - Philippe Rizzo - Gymnastics

Australia's best male gymnast Philippe Rizzo has made a strong comeback from injury in his return to international competition. The AIS gymnast won a silver medal in his favoured high bar discipline at the World Cup final in Madrid. With a score of 15.825 he finished just behind The Netherlands' Epke Zonderland (16.175). The former world champion has been recovering from a snapped achilles tendon suffered in late 2007, which forced him to miss the Beijing Olympics.

February 2009 - Jared Tallent - Athletics

Jared Tallent set a new Australian record for the 5000m walk at the Sydney Grand Prix meet in February. The 5000m is regarded by walkers as a sprint - testing their ability to stay inside the rules at speeds in excess of those that they reach when competing in the Olympic distances of 20km and 50km. Dual Olympic medallist Jared broke the Australian 5000m record previously set by fellow AIS athlete Nathan Deakes (18:45.19) in 2006. Finishing second behind Mexican Eder Sanchez (18:40.11), Jared clocked 18:41.83.



ACTSPORT AIS Sportstar of the Year

March 2009 - Ashleigh Delaney - Swimming

Ashley Delany was a big winner at the 2009 Telstra Australian Swimming Championships. Winning three Gold medals, Ashley was selected to be in the Australian team set to compete at the FINA world swimming championships held later this year in Rome. Ashley set a new Commonwealth and Australian record in the Men's 200m Backstroke (1:55.82) and an Australian record in the Men's 50m Backstroke (24.81).

April 2009 - Sam Ah-See, Boxing

Sam Ah-See won a silver medal at the prestigious 31st Kings Cup Tournament in Thailand. The Kings Cup is one of the major senior level tournaments in the Asian region, and this year attracted Olympic boxers from all over Asia, including strong representations from all of the former Soviet Union nations. Sam Ah-See's achievement is exceptional as he is still a youth age athlete competing at senior level.

June 2009 - Ben Treffers - Swimming

Ben Treffers set a meet record of 25.49sec in his heat of the 50m backstroke at the prestigious Mare Nostrum series in France. Treffers then took 0.35 off the new mark with a time of 25.14 in the final. The Mare Nostrum Series is Treffers's first experience at a senior International meet.

July 2009 - Brenton Rickard - Swimming

Brenton Rickard became Australia's newest world champion in a sensational night for the Dolphins at the FINA World Championships in July. Rickard secured Australia's first gold medal of the pool, taking the 100m breaststroke crown in a new record time.

August 2009 - Peter Leek S8- Swimming

Peter competed at the 2009 Telstra Australian Short Course Swimming Championships held in Tasmanian. At this Championship Peter broke the world records in four events, 200m Individual Medley, 100m Freestyle, 50m Freestyle, 100m Butterfly.



104.7FM - Coach Sportstar of the Year

Presented by – Gerald Morunga

September 2008 - David Shepherd - Orienteering

David Shepherd, a competitor/Coach of the Smoke Free Canberra Cockatoos helped both teams win both the Men's and Women's division of the 2008 National Orienteering League; a competition of 7 State/Territory based teams. The Men's team amassed 153 points over the season with the Southern Arrows next best on 126. The Women's team had a more comfortable win heading into the final race and finished well ahead of the second place team with the Cockatoos on 163 points.

October 2008 - George Elliott - Taekwondo

George Elliott is head Instructor of Elliot's Taekwondo Performance and has also been appointed Coaching Director of Taekwondo Australia - ACT Division. At the Australian Taekwondo competition held in Canberra in October, George was successful in mentoring three members of the Elliot's Taekwondo Performance team to achieve one Gold and two Silver medals at this event. George was appointed as the head coach for the Australian Taekwondo team to compete at the Commonwealth Championships to be held in Canada in November 2008.

November 2008 - Gary Kinkade - ACT Oztag

Gary Kinkade led the ACT 23's Oztag team to a National Championship Title earlier this month. The team went undefeated through the competition and won the grand final 5 tries to 1. This is the second time in as many years Gary has led this team to the Title.

December 2008/June 2009 - Matt Beckenham - Athletics

In December, Matt Beckenham coached Melissa Breen to success at the 2008 Pacific School Games. Melissa won Gold in the 100m and 200m events. Matt also coached Catherine Wild Taylor to 4th in the women's 17 years 400m hurdles.

Matt had 18 athletes compete at the Queanbeyan Gift Professional Running Meet, 5 of his Athletes won 1st place.

In June, Matt successfully coached Brendan Cole and Lauren Boden to their wins in various international grand prix meets. Brendan dominated the men's 400m hurdles in a time of 50.59secs. Lauren won the women's 400m hurdles in a time of 56.59secs, broke the meet record and also won athlete of the meet at the International Grand Prix in Namur, Belgium. 10 days later in Italy, Lauren Won the Women's 400m hurdles in a time of 57.28secs

January 2009 - Robbie Hooker, Soccer

Robbie Hooker is the ACTAS Women's Football Coach and national team assistant coach, outside his duties as Canberra United's head coach, whom he guided to the inaugural Westfield W-League Grand Final against Queensland Roar. Being the dark horses at the start of the season, Hooker compiled a team of youth and experience which helped the team go undefeated from round four through to the semi final to finish the home and away season with only two defeats from ten fixtures.



104.7FM - Coach Sportstar of the Year

February 2009 - Sally McCreedy - Softball

The ACT Diamonds went into the fourth round of the National League in fourth place which they held going into the final series for the Gilleys Shield. Coached by Sally McCreedy, The Diamonds achieved a spot in the Grand Final for the first time in twenty years. They were narrowly defeated 2 to 1 by Queensland in the Grand final. The Diamonds Aimee Murch was awarded the Best Pitcher and 16 year old Katrina Robson was awarded Rookie of the Championship.

March 2009 - Carrie Graf - Basketball

Carrie Graf coached the Canberra Capitals who won the Women's National Basketball League for a sixth time after holding off the Bulleen Boomers in front of a capacity crowd at the AIS Arena. Carrie is having an exceptional year with her guiding the TransACT Canberra Capitals to the Grand Final win, being appointed to Head Coach of the Australian Opals team in December and taking over from long standing former coach Jan Stirling, and signing a contract to continue coaching the TransACT Canberra Capitals for the next four years.

April 2009 - Brendan Byrne - Dragon Boat

As head Coach Brendan guided the Ice dragons and ACT Premier Opens, Womens and mixed teams to a successful Australian Championships in Caloundra in April. He guided the Premier Opens, Womens and Mixed crews to bronze medals, and these results ranked the ACT in overall 3rd place in the Premier State versus State championship.

July 2009 - Bob Harrow - Softball

Bob Harrow is the Head coach of the World Champion Fast Pitch Softball Open Men's Team, The Aussie Steelers. The team successfully competed in the World International Softball Federation Open Men's Fast Pitch Championships, in Canada in July. Australia was able to dominate the championships by playing a different style of softball to the big hitting opposition. This proved to be successful in all games but the one loss to host nation Canada in the round robin series. Bob's coaching ability, combined with his knowledge of the game as both a player and coach for over 50 years, was an integral factor in the team's success.



Konica Minolta - Team Sportstar of the Year

Presented by – Nannette Bak, ACT Sales Manager, Konica Minolta

September 2008 - Smoke Free Canberra Cockatoos - Orienteering

The Canberra Cockatoos claimed both the Men's and Women's Divisions of the 2008 National Orienteering League. Promising junior Lachlan Dow gave the team a good start and in a close finish, Canberra's Rob Walter won by one second. The Cockatoos amassed 153 points over the year. The Women's team was in a more comfortable position on the league table going into the final race, and in a tight finish Jo Allison anchored the team to a 14-second victory.

October 2008 - Canberra Raiders U20s Team - Rugby League

The Canberra Raiders under 20s side were the minor premiers of the 2008 Toyota Cup after defeating the Gold Coast and the St George Dragons to reach the Grand Final. In the Grand final against the Brisbane Broncos the Raiders skipped to an early 12-6 lead, but a period of poor play saw them concede three straight tries and their six-point lead turned into a 20-12 deficit. Josh Dugan then set up one try and scored another in a nine minute burst to get his side back in the game and ultimately to win the match 28 - 24.

November 2008 - ACT under 23's Oztag Team - Oztag

The ACT under 23's Oztag team won the National Oztag Championship Title. The team went undefeated through the competition and won the grand final 5 tries to 1. This is the second time in as many years this team has won the title.

December 2008 - ACT U18s Men's Basketball PSG Team - Basketball

The ACT Secondary Schools Basketball Team participated at the 2008 Pacific School Games winning the gold medal. The ACT team defeated NSW 74-50 in the final. The Pacific School Games competition was attended by over 5,000 students from around Australia and 19 visiting countries.

January 2009 - Canberra United - Football

Canberra's newest national league team, Canberra United, made a successful return to the national women's football league scene in 2008/09 with a Grand Final appearance in the inaugural Westfield W-League season. Without the resources of a professional club behind the team, Canberra United finished the season in third place, only suffering two defeats and recording the only victory over eventual champions, Queensland Roar.



Konica Minolta - Team Sportstar of the Year

February 2009 - ACT Open Men's Softball Team - Softball

The ACT Open Men set a record equalling fourth straight National Championship win for the John Reid Shield in Sydney in February. Coached by the National Men's Coach, Bob Harrow, the team went through the double round robin losing only one game. Adam Folkard pitched the seven innings required to defeat Victoria 4 nil in the Grand Final, and was awarded the Best Pitcher for the Championship, and Geoff Goolagong was awarded Most Valuable Player.

March 2009 - Canberra Capitals - Basketball

The Canberra Capitals, led by coach Carrie Graf, won the Women's National Basketball League for a sixth time in March this year. The Capitals set up the win in the third quarter when Grand Final MVP Natalie Hurst inspired her side to a six-point advantage and they were never headed again, running out 61-58 victors. Hurst finished with 12 points, six rebounds, three assists and two steals in a dominant display, while Michelle Musselwhite top scored with 13.

April 2009 - Ice Dragons Dragon Boat Club - Dragon Boating

Over three days of racing in the 2009 inter-club competition in Queensland, the Ice Dragons participated in nine categories and medalled in seven of them. They also finished 2nd in the Premier Club Championship which was based on the clubs' combined performances across all three days and 3rd in the Australian Club Championship. The Ice Dragons have qualified to compete at the 7th World Club Crew Championships in Macau in July 2010.

May 2009 - ACT Boccia - Boccia

The ACT Team won gold in the team's event at the 2009 Australian National Championship held at the NSW Institute of Sport. Narrabeen, NSW.

July 2009 - ACT Men's Gymnastics Team - Gymnastics

The ACT Gymnastics team competed at the Australian men's titles in Brisbane. The team claimed three gold medals and two silver, while posting a number of strong performances. The team was made up of 20 gymnasts aged between 10-19 and competed in five divisions. Jordan Read won Gold on floor and vault, and James Bacueti was selected in the Australian team for the Trans-Tasman shield. The shield is held within the main competition framework, where an Australian team is selected to compete against New Zealand representatives at that level. The Australian Team defeated the New Zealanders, handing James his first gold medal.



Sportsmans Warehouse Junior Sportstar of the Year

Presented by –Alannah Magee Director Sportsmans Warehouse

September 2008 - Michael Matthews - Cycling

Michael Matthews was the star of the 7th stage of the 2008 Timbercorp Tour of the Murray River held in September in Balranald. Against a field of 68, Michael spearheaded a 12-man breakaway that at one stage gained a 53-second margin. After 63 kilometres around a tight street circuit Michael beat home Joel Pearson (a former European based rider). This follows on from Michael's outstanding overseas form while riding with the Australian U19 team, including an eighth place in the World junior road championship in South Africa in June.

October 2008 - Tyler Stevens - Rugby Union

Tyler Stevens was starting fullback for the Australian Schoolboys team that defeated the New Zealand Schoolboys 15-11 in New Plymouth the first time an Australian Schoolboys team had defeated New Zealand on home soil. The achievement was one of many in 2008 for the St Edmund's College student who also won his second consecutive grand final for his school's First XV and was also the first-choice fullback for the ACT Schoolboys for the second year running. Tyler has also since been included in the Brumbies Academy squad for the 2009 season.

November 2008 - Caroline Buchanan - Mountain Bike

Caroline was 1st in the elite women's National round three mountain bike 4X held at Illinbah QLD. Conditions were extreme, with heat, downpours, lightning and plenty of mud taking their toll on all riders with many falls and injuries. Caroline placed 3rd in the down hill as the 1st Australian behind 2 Canadian riders. During November Caroline won the Elite and Junior Female mountain bike Cyclist of the Year Awards at the 2008 Australian Cyclist of the Year Awards.

December 2008 - Melissa Breen - Athletics

At the Pacific School Games held in early December Melissa Breen's performance was outstanding with her winning 3 Gold medals and setting 2 PSG Records. Her 200m performance ranked her the number 1 female in the country, and she was female captain of the ACT PSG Team. In the lead up to the Pacific School Games Melissa ran 11.33 Seconds in the 100m which placed her as number 1 in the 100m.

January 2009 - Chris Eddes - Sailing

Chris represented the ACT at the Australian Youth Championships in Western Australia early January to compete in his first major international regatta. He then participated in the Spiral Class Australian Titles at Toukley in this very competitive single handed class, where he finished 4th.

February 2009 - Emily Brichacek - Athletics

Emily won the junior girls 3KM race at the Australian World Cross Country Team Trials. The 3km race had 13 athletes competing with Emily running a time of 20.07 to take out first place. She also claimed second in the Burnie Ten (10km) event in October and won the Canberra Times 10km women's race and the national cross country under-20's titles.





Sportsmans Warehouse Junior Sportstar of the Year

March 2009 - Shane Murton - Bowls

Shane was a member of the Australian under 18 Men's Bowls team who defeated New Zealand 3-0 with Australia retaining the Trans Tasman trophy for the second consecutive year. Shane won his single match 21-18 against New Zealand's Greg Ruaporo and then teamed up with Dylan Fisher from Tasmania in the pairs defeating the New Zealand team.

April 2009 - Belinda Lawford - Orienteering

Belinda Lawford won the w17-20E class in the Australian 3-day Orienteering Carnival (which includes four major races of 2.9Km, 3.4Km, 7.3Km and 4.6Km). Belinda won each race and her total time gave her a winning margin of over 6 minutes. Belinda's win ensured her selection in the Australian team to compete in the Junior World Orienteering Championships. Following a four day training camp, Belinda went on to win the Silva National Orienteering League (Silva NOL) Sprint race and finished fourth in the Silva NOL long race the following weekend. She is currently ranked number one in the Junior Women in the Silva NOL.

May 2009/July 2009 - Harriet Burbidge-Smith - BMX

In May Harriet entered the 2009 Australian National BMX Titles as the ACT's top BMX Junior female rider. Harriet has been unbeaten in local and interstate finals competition this year in the lead up to the Australian Titles. Harriet proved her dominance in BMX racing yet again to take the National under 13 girls 20 inch Title and doubled this up with the Girls 13-14 Cruiser Class title as well. In July Harriet competed at the World Championships in Adelaide where she came home a world plate holder. Harriet competed in the 13 year girls class, she qualified through all her heats to the semi finals where she qualified 2nd into the final.

June 2009 - Ben Treffers - Swimming

Ben Treffers set a meet record of 25.49sec in his heat of the 50m backstroke at the prestigious Mare Nostrum series in France. Treffers then took 0.35 off the new mark with a time of 25.14 in the final. The Mare Nostrum Series is Treffers's first experience at a senior International meet.

August - Amy Fowler & Angus Moore- Rowing

Amy Fowler as a member of the Australian Junior Quad Scull team won Silver at the World Junior Rowing Championships in Brive La Gaillarde, France. Fowler's women's quad scull couldn't withstand the charge of the Chinese crew, which led through the last 500m and recorded a 1.5sec win.

Angus was a member of the Australian Junior Men's coxed four who won silver at the World Junior Rowing Championships in Brive La Gaillarde, France. Moore's crew fought off the fast finishing Italians to secure second place and take out the silver medal.





Walker Media Group Male Sportstar of the Year **Presented by – Phil Lynch, on behalf of Walker Media Group**

September 2008 - Alan Tongue - Rugby League

At the Dally M Awards held in Sydney, Alan Tongue of the Canberra Raiders was named Captain of the Year for 2008 and in the positional awards he was named Lock of the Year for 2008.

October 2008 - Josh Dugan - Rugby League

Josh was instrumental in assisting the Raiders under 20's side to win the Toyota Cup 28-24 against the Brisbane Broncos. Josh was not in the starting side and when he stepped in, the 18year old fullback set up one try and scored another in a nine minute burst to get his side back in the game and ultimately led the Raiders to victory. His performance which included a perfect day of goal kicking was also enough for Josh to earn himself the Jack Gibson Medal for the best player on the field.

November 2008 - Daniel Ellis - Cycling

Local rider Daniel Ellis continued his great form from the Beijing Olympics by leading off the three man Australian Sprint Team to a gold medal at the Track World Cup meet in Melbourne. Daniel had the crucial starting role and he went under 17.8 seconds, which was a world class time for the first lap in both qualifying round and the final. Daniel continues to improve and is consistently riding world class times as the lead out rider for the Australian Sprint Team.

December 2008/April 2009 - David Striegl - Oztag

David has captained the ACT Oztag side to back to back national Championships wins in 2007 & 2008. David was then honoured on captaining the Australian Team in 2008/2009. The first tournament saw the team travel to Sydney to take on a "rest of the World" side, David captained the side to a 3-2 series win and with the series on the line at 2-David showed why he is the best player going around with a Man of the Match in game 5 and receiving Player of the Series as voted by Bill Harrigan (Former NRL Referee and now Oztag CEO), his new team mates, coaches and opposition. David dominated the votes and deservedly held up the trophy as Captain and another trophy for Player of the Series.

January/February 2009 - Michael Rogers - Cycling

In a strong return of form after being ill for much of 2008, Michael Rogers won the Individual Time Trial and finished 2nd in the road race at the Australian Road Championships held in Victoria in January. These results reinforced Michael's standing as Australia's Premier Male cyclist. In February Michael secured a podium finish at the Tour of California.



Walker Media Group Male Sportstar of the Year

March 2009 - Gareth Halverson - Triathlon

Gareth Halverson placed an exciting 2nd in the Australian Olympic Distance Triathlon Championship Elite Men's race as part of the City of Perth Challenge events in March. He finished the 1.5km swim, 40km cycle and 10km run course in a time of 1hr47min16sec. Gareth's second place meant he headed into the World Cup Triathlon Circuit over the Australian winter with a very positive and promising season ahead. For 24 year old Gareth to place second to Beijing Olympian Courtney Atkinson in this event is testament to his coming of age as a professional Triathlete.

May 2009 - George Smith - Rugby Union

The remarkable durability and consistency of Qantas Wallabies Flanker George Smith was highlighted again when the Brumbies star was named for a fourth successive season as the Australian Player of the Year in the Investec Super 14. Smith last year matched the earlier three-peat record of Chris Latham and has now created a further milestone by carrying off the prestigious prize for a fourth consecutive year.

June 2009 - Brendan Cole - Athletics

Brendan Cole opened his European campaign with a win at the international athletics meet in Geneva. Cole dominated the men's 400m hurdles in a time of 50.59sec. He also helped Australia to its best performance at a World University Games in Belgrade when he propelled the Australian 4 x 400m relay team to Gold.

July 2008 - Adam Folkard - Softball

Adam Folkard is a member of the World Champion Fast Pitch Softball Open Men's Team, who participated in the World International Softball Federation Open Men's Fast Pitch Championships Canada. The Aussie Steelers won all games where Adam pitched for the full match. In the grand final, Adam executed a career best, 6.5 innings "no hitter", to defeat New Zealand 5-nil, giving the Aussie Steelers their first world title since entering the competition in 1992. Adam was rated the fastest pitcher in the competition, consistently pitching at speeds above 130km an hour. There are no individual awards given at a world championship, however, Adams performance for Australia was rated the most consistent over the tournament.

August -Matt D'Aquino - Judo

Matt D'Aquino won Australia's first gold medal at the Pacific Rim tournament in Taipei in 30 years. D'Aquino defeated his highly rated Japanese rival Tsuyoshi Izumi in the men's 60kg category.



Schweppes Female Sportstar of the Year **Presented by – Justin Holbrook, on behalf of Schweppes**

September 2008 - Christine Wolf - AWD Athletics

Christine Wolf won gold at the Beijing Paralympics in the F42 Long Jump with a distance of 3.73m. Christine defeated Holland's Annette Rozen (3.63m) and Poland's Ewa Zielinska (3.62m).

October 2008 - Catherine Carling - Taekwondo

Catherine Carling is a keen Taekwondo athlete who has been training most of her life. Catherine won gold in the open black belt female heavyweight division at the Australian Taekwondo championships, held in Canberra. Catherine was selected to represent Australia at the commonwealth championships to be held in Canada in November 2008.

November 2008 - Vicki Whitelaw - Cycling

At the 2008 Australian Cyclist of the Year Awards held in Melbourne Vicki won the Elite road cyclist of the Year Award. Vicki defeated Olympian Oenone Wood and Commonwealth Games silver medallist Rochelle Gilmore.

January 2009 - Caroline Buchanan - Mountain Bike

During the Nerang Rounds of the Southern Oceania UCI Ranking Series Double Header early in January, Caroline (against stiff competition which included two 2008 Beijing Olympians) won the Elite Woman's Class. To compliment this effort Caroline was also selected to become one of a five member National Training Team to train under Australia's Head BMX Coach Wade Bootes. Later in January at the National Mountain bike Championships held at Stromlo Forest Park Caroline also came 1st in the Open 4X, holding onto the Australian title for 4 consecutive years.

February 2009 - Aimee Murch - Softball

Aimee Murch won the Best Pitcher award for the National Softball League and the Gilley's Shield Open Women's Championship. Her award was a tremendous effort when considering she could not play in the first round of the four leg National League due to injury and that the fourth leg was cancelled due to rain. Although she did not pitch in the final, it was Aimee's great effort in the final series games and consistency in the rounds which earned Aimee her award.



Schweppes Female Sportstar of the Year

March 2009 - Natalie Hurst - Basketball

The Capitals set up the win in the third quarter when 2009 Grand Final MVP Natalie Hurst inspired her side to a six-point advantage and they were never headed again, running out 61-58 victors. The Canberra point guard scored 12 points, six rebounds, three assists and two steals. It was also announced in March that Natalie is one of three debutantes in the 28 member Australian Opals Squad.

April 2009 - Chloe Hosking - Cycling

Following on from her first ever world rated win in New Zealand in March, teenager Chloe Hosking won the Tour of Chonging Island in China. Chloe managed 2 stage wins as well as winning the sprinters green jersey. Since then she has gone to Europe to ride and has had a number of top 10 finishes against the top female road riders.

May 2009 - Sue Powell - AWD Cycling

After only taking up cycling competitively a few years ago Sue stamped her authority on AWD women's cycling by winning both the Australian AWD road race and time trial championships and the Oceania road race and time trial championships, as well as being the 500m time trial champion in the velodrome. In addition, Sue has performed strongly at open championships and races against non-AWD riders. In recognition of her strong performances Sue was one of only 3 riders selected in the Australian team to contest the upcoming World Championships later in the year.

June 2009 - Lauren Boden - Athletics

Lauren Boden won the women's 400m hurdles in a time of 56.59s, broke the meet record and also won athlete of the meet at the International Grand Prix in Namur Belgium.

July 2009 - Jess MacLean - Cycling

Jess MacLean continued her strong form while riding in America by winning the overall general classification in the Tour of Americas Dairyland. She won two stages in the ten stage tour, as well as picking up a string of top stage places, securing enough points to win this high profile event.

August 2009 - Emily Brichacek - Athletics

Emily came second for the second year in a row in the City to Surf fun run during August. Emily finished 12 seconds behind the winner Melinda Vernon in the 14 km race. The 19 year olds time of 47min 58 secs was 14 seconds better than what she ran in the City to Surf last year.

The ACT Community Sport and Active Recreation Representative

Contributing to a Vibrant and Healthy Community

www.actsport.com.au

Services Available:

- Workshops, seminars and professional development on Governance, Risk Management, Member Protection, Managing Volunteers, Committee Roles, Leadership, Event Management, Time Management Financial Management, etc.
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- Representation by ACTSport through association with entities such as:
 - Canberra Business Council
 - Chamber of Commerce,
 - Tourism, Arts & Sports Taskforce
 - Canberra Tourism,
 - ACT Government, Sport and Recreation Services
 - and others

Member rates for:

- Seminars, workshops and training
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ACT Sports House:

- Meeting room facilities with AV and security from \$22 per booking seating up to 50 people,
- Administrative services for printing, registrations for your event, web development, meeting facilitation and other services on request,
- Fully Serviced office space in ACT Sports House from \$85 per square metre / per annum.

We are a membership based not-for-profit organisation that aims to provide clear strategic direction and a 'voice' for the industry as well as establish relationships with key stakeholders for the overall benefit of community sport and active recreation in the Canberra region.

The Key Functions of ACTSPORT are:

- To represent community sport and active recreation in the ACT;
- To provide a forum for the exchange of knowledge and ideas; and
- To assist with the coordination of strategic planning

Our Mission

To lead an industry that contributes to a vibrant and healthy community

We achieve this by:

- Advocating the social, health and economic importance of community sport and active recreation
- Improving the self-reliance and business practices of connected organisations
- Working cooperatively and developing alliances between Government, the Community and the Private Sector

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1985	David Campese AM	Rugby Union
1986	Rob de Castella MBE	Athletics
1987	Wally Masur	Tennis
1988	Phil Smyth AM	Basketball
1989	Bradley Clyde	Rugby League
1990	Jane Flemming	Athletics
1991	Bruce Hick OAM	Rowing
1992	George Snow	Yachting
1993	Ricky Stuart	Rugby League
1994	Deane Rogers	Cycling
1995	Megan Still OAM	Rowing
1996	Megan Still OAM	Rowing
1997	Neil Stephens OAM	Cycling
1998	Stephen Larkham	Rugby Union
1999	Michael York	Hockey
2000	Lauren Jackson	Basketball
2001	Petria Thomas OAM	Swimming
2002	Michael Milton OAM	Skiing
2003	Lauren Jackson	Basketball
2004	Petria Thomas OAM	Swimming
2005	Michael Rogers	Cycling
2006	Lauren Jackson	Basketball
2007	Carrie Graf	Basketball
2008	Tully Beviliqua	Basketball